

## About our Sessions

**Fantastic Babies:** Six week programme supports babies' development through songs, stories and play ideas.

**Fantastic Ones:** Six week programme to support your child's development, looking at physical play, communication and language, sensory messy play and more.

**Fantastic Twos:** A programme aimed at easing the transition from home to nursery, for children eligible for 2 year old funding but not yet attending a setting.

**SFSC:** 12 week group for Polish speaking parents and carers looking at the many aspects of bringing up children that fits with your family values.

**Stay, Play & Learn:** This group is for children aged 0 - 3yrs, 6 months old and their Parents and \*main Carers.

**Let's get Messy:** Children 0-4years will experience a wide variety of textures and materials to imagine, investigate, explore, and learn through their senses.

**Breakfast Morning:** An opportunity to talk with other Parents/\*Carers in the local community. Connect and receive support, advice, and guidance.

**Learn to Love to Read:** Relaxed reading sessions for Parents/Carers and children 2 - 4yrs.

**Bucket Time:** To help to develop your child's listening and attention skills and support their early communication skills.

**Music and Movement:** A group for children 18 month to 4 years. Our activities will combine music with physical movement. Children will be singing, dancing, playing instruments and moving to the beat.

**Baby Massage:** A wonderful opportunity for you to learn how to communicate with your baby through nurturing touch and massage in a relaxed and welcoming environment.

**Love2Learn to Read sessions:** 10am-10.40am  
19th, 26th September and 3rd and 10th October at Nightingale Square. For all families living in Temporary Accommodation

For Drop-in Well Child Health Clinics, Health Review appointments and Health Visiting team please contact **0330 0581 679**

**Vitamins Collection:** Healthy Start

Franciscan and Smallwood: Mon- Fri 9am-4pm

Fayland: Thursday 9am-4pm

[www.healthystart.nhs.uk/how-to-apply](http://www.healthystart.nhs.uk/how-to-apply)

**Talk Shop Advice Clinic: 9.30 to 11.30am**

If you have any concern about your child's Speech and Language development, please drop in on the dates shown and have a chat with the Speech and Language therapist.

**Franciscan:** 2<sup>nd</sup> Wednesday of the month

**Smallwood:** 3<sup>rd</sup> Thursday of the month

**EP drop in: (Educational Psychologist):** If you have any concern about your child's learning development and behaviour, you can drop in and a chat with the *Educational Psychologist* on the dates shown.

**Franciscan:** 1st Thursday of the month 10.00 am to 1.00 pm

**Smallwood:** 2nd Wednesday of the month. 10.00am to 12pm

**Health for Life (H4L):** This group is for children, Parents and carers. Contact the H4L team on - **020 8102 6512**

**SWLEAP Energy Advice: (Booking required)**

Need free help to save energy in the home and reduce your bills? Book a one-to-one appointment with a member of the Children's Centre Team.

**Smallwood:** 4th Wednesday of every month 10:00am 12:00pm

**Fayland:** 4th Monday of every month 1.30pm-3.00pm

**Franciscan:** Last Tuesday of the month.

**PMHS (Parents Mental Health Services):** Supporting families experiencing challenges.

### The Family Hubs and Start for Life Programme

Some of our Children's Centres will be developing into Family Hubs.

Family Hubs are part of a National Programme which bring together many different services to support families from pregnancy to 19 years or 25 years (SEND) in one place; making it easier for families to get the help they need at the right time.

**All Wandsworth Childrens Centre will have no sessions on Wednesday 13th September due to INSET day.**

\*Carers are defined as related family members to the child attending the session

# Tooting

## Start for Life Offer

Start for Life is our new offer for children under five and their families. Start for life provides services and activities to support the best start for families in Wandsworth.

From 4th  
September to  
21st December  
2023



Contact us:

Franciscan and Balham Centres, call or text on 07866123708 or 07866131204  
Smallwood and Fayland Centres, call or text on 07813 542 856 or 07929874341

## Tooting Cluster Start for Life Offer: What's on from 4th September to 22nd December 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Smallwood Children's Centre</b>	9.30am-11.00am <b>Fantastic Two's</b> **Invitation only	9.30- 11.30am <b>Well Child Health Clinic</b>  9.30am –11.00 am <b>Health Reviews.</b> By appointment	9.30am-11.00am <b>Fantastic Ones</b> **Booking required	10am-11.00am <b>Stay Play and Learn</b> <b>Music and Movement</b> 0-4 years Starts 14th September	9.30am-11.00am <b>Stay Play and Learn</b> <b>Let's Get Messy</b> 0-4 years
<b>Entrance on Hazlehurst Road SW17 0TW</b>	1.00pm—3.30pm <b>Health Reviews.</b> By appointment  1.30pm—3.30 pm <b>Advice and Guidance</b>	1.30pm-2.45pm <b>Fantastic Babies</b> **Booking required 0—12 Months	1.00pm -2.00pm <b>Bucket Time</b> **Invitation only		1.00pm-2.30pm <b>Breastfeeding Support Group</b>
<b>Franciscan Children's Centre</b>	9.15am –1.00 pm <b>Health Reviews.</b> By appointment  9.30am-10.45 am <b>Fantastic Babies</b> **Booking required	9.15am –1.00 pm <b>Health Reviews.</b> By appointment  9.30-11.00am <b>Fantastic Twos</b> **Invitation only	9.30am – 10.45am <b>Fantastic One's</b> **Invitation only	9.30am-11am <b>Breakfast Morning</b> **Invitation only	9.30am-11.00am <b>Stay, Play and Learn.</b> <b>Let's Get Messy</b> 0-4 years
<b>221 Franciscan Road SW17 8HQ</b>	1.30pm-3.00pm <b>Wildlife Trust</b> Starts 18 <sup>th</sup> September 6 weeks session **Booking Required	1.30-2.30pm <b>Stay Play and Learn</b> <b>Music and Movement</b> 0 -4 years Starts 12th September	1.00pm-3.00pm <b>Parent Mental Health Services</b> <b>Starts 20<sup>th</sup> September</b> Session for Tooting families **Invitation only	1.30pm—3.30 pm <b>Advice and Guidance</b> Form filling, applying for a nursery place or any other matter where support is needed	
<b>Fayland Children's Centre</b> <b>Fayland Avenue</b> <b>SW16 1SY</b>	1.30pm -3.00pm <b>Fantastic Two's</b> **Invitation only	9.30am-12.30pm <b>Strengthening Families</b> <b>Strengthening Communities</b>  <b>For Polish speaking families</b>  **Invitation only		10.30am – 12.30 pm <b>Breastfeeding Support Group</b> Please call before attending  10.00am – 11.30 am <b>H4Life Mums</b> <b>Starts 14th September</b> **Booking Required  1.30pm – 3.00pm <b>Stay Play and Learn</b> 0-4 years  1.30pm-3.30pm <b>Well Child Health Clinic</b>	10am-11.15am <b>Baby Massage</b> **Booking Required 0-6 Months Starts 3rd November  <b>Saturday</b> <b>LGBTQ+ group</b> <b>2<sup>nd</sup> Saturday of each month</b> 10.00am-12.00pm

**Nightingale Square:** For families living in Temporary accommodation

**Stay, Play and learn on Tuesdays** from 9.30am to 10.45am for 0-4 years

**Advice and Guidance on Tuesdays** from 1.30pm-3.30 pm. Form filling, applying for a nursery place or any other matter where support is needed

**Contact us:** Franciscan and Balham Centres, call or text on 07866123708 or 07866131204

Smallwood and Fayland Centres, call or text on 07813 542 856 or 07929874341

**Please note:** Information is correct at the time of printing.