

Information and Advice

Do you need advice about claiming benefits, training and employment or budgeting and debts?

Need Foodbank vouchers? Please speak to a member of staff.

Early Education Places

15 hours free early education is available for some 2 year olds who are eligible. Please speak to a member of staff for advice and information.

The Children's Centres have regular visits from the following:

CAMHS. Meet with Liz Mawle to talk about managing behaviour; child development; transition; and sibling relationships

Educational Psychologist. Speak with Dr Simon Ungar if you have any questions about your child's development behaviour eating or sleeping patterns, play and transition

Speech and Language. Questions about your child's communication and language development? Come and speak to our Speech and Language therapist for advice

Community Nursery Nurse Answering your questions about health and well-being, breastfeeding, weaning, child development and sleep

Oral Health Promoter. Advice and support around keeping your baby and children's gums and teeth healthy from the start

Little Village. Offering excellent quality clothes and essential resources for babies and children for free

HAVE YOUR SAY

Parents Forum - We need your views to make sure that the services we provide meet your needs. Come along and speak to your Parent Reps.



BALHAM NURSERY SCHOOL AND CHILDREN'S CENTRE SERVICES

TIMETABLE

3rd September – 22nd October 2018

@Balham:

72 Endlesham Road
SW12 8JL

020 8673 4055

@Fayland:

Fayland Avenue
SW16 1SY

020 8696 6649

@ Nightingale Square:

House No: 2
42-44 Nightingale Sq.
SW12 8QL

020 8673 4055

Email @Balham and @Nightingale Square: cc@balham-nursery.wandsworth.sch.uk
@Fayland: faylandchildrenscentre@wandsworth.gov.uk

Sasha and Tina welcome you to the Children's Centres Services team. Our Centres are warm and friendly places where children, parents and carers from the local area can come and take part in a range of activities.

For safeguarding purposes, we ask that you do not use your mobile phone whilst attending any of the Centres.

Provision at the Balham Base is term time only. Look out for holiday timetables for children under 7!!

Provision at Fayland Play and Learn sessions for children 0-5 all year round

www.balham-nursery.wandsworth.sch.uk

Twitter: @BNSCC

@ Balham: 72 Endlesham Road, SW12 8JL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Under Ones (from 10th September) 9.30-10.30am</p> <p>Taster sessions for Family Music Time starts 17th September</p> <p>Under ones 10.30-11.00am</p> <p>13 months -23months 11.00-11.30am</p> <p>Two Year Olds 11.30-12pm</p>	<p>From 9th October Information, Advice and Guidance for parents/carers.</p> <p>Please speak to a member of staff to book an appointment.</p> <p>Please see activities at the Fayland Base.</p>	<p>Play and Learn From 3rd October 9.30-10.30am Under 3s</p> <p>Move and Explore 11.15-12.15am</p> <p>Two year olds by invitation only</p> <p>Please see activities at the Fayland base.</p>	<p>From 11th October Information, Advice and Guidance for parents/carers.</p> <p>Please speak to a member of staff to book appointments.</p> <p>Please see activities at the Fayland base</p>	<p>Messy Play (From 5th October) Session 1 9.30-10.30am Or Session 2 11.00-12.00pm</p> <p>Behaviour Advice 2.00-3.00pm <i>Last Friday of the month</i></p>

Balham and Fayland Centre will be closed for inset day on Monday 3rd September

@Fayland: Fayland Avenue, SW16 1SY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Well Baby Clinic 9.30-11.00am 1 Year old</p> <p>Development review- By appointment only 1.30-3.30 033 0058 1679</p> <p>Play and Learn Session 1 9.30-10.30am Or Session 2 11.00-12.00pm</p>	<p>Behaviour Advice By appointment. Talk to a member of staff.</p> <p>Play and Learn 1.30--3.30pm <i>First two Tuesdays of the month</i></p> <p>Messy Play 1.30-3.30pm <i>Last two Tuesdays of the month</i></p>	<p>Looking After Me (from 12th September) 9.15-12pm A 6 week parenting group for families with children that have additional needs.</p> <p>Free to Move 1.30-3pm <i>9-18 month</i></p>	<p>Two Year old Nursery Introduction Session (Starts 4th October) Family Music Time Starts 27th September) 9.30-10am 0-18 months 10.15-10.45am- 19 months -3 years old 11-11.30am- 2 year olds Tremendous Twos For 2 year olds only. Last session 27th September.</p>	<p>Two Year old Nursery Introduction Session (Starts 4th October)</p> <p>Under Ones 9.30-11.30am <i>First two Fridays of the month</i> Last session 14th September. Please see new timetable for this session.</p>

@Nightingale Square: House No. 2, 42-44 Nightingale Square, SW12 8QL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Home Start Hub 10.00-12.00pm By invitation only</p>	<p>Play and Learn with Well Baby Clinic 10.00-12.00pm Term Time only For under 3's living in temporary accommodation</p> <p>Chat with Paula Come along for advice and support every other week</p>	<p>Home Start Hub 10.00-12.00pm By invitation only</p>	<p>Two Year Old Development Review By invitation only</p>	<p>One Year old Development Review By invitation only</p>

BALHAM NURSERY SCHOOL & CHILDREN'S CENTRE SERVICES

What's it all about?

Activities boxed in **BLUE** take place at more than one site, those in **GREEN** take place @Balham, **ORANGE** @ Fayland and **PURPLE** @ Nightingale Square

Under Ones
Sessions for babies and crawlers encouraging sensory play opportunities. Activities for your child from the very beginning. Health drop in sessions. Baby development topics
Last Session at Fayland 14th September. Please see new timetable for this session.

Family Music Time
Music sessions to encourage your child's enjoyment of rhythm and rhyme and help you to support their language development

Behaviour Advice
Meet with Liz or Simon for child development advice and support. Have your questions answered about managing behaviour; sibling relationships; starting Nursery and other family issues..

One and Two year old Reviews.
These reviews are carried out with a health visitor by appointment only.
For one year old reviews at Fayland base you can make an appointment by calling 0330 0581 679

Play and Learn
A chance for parents/ carers to support their child's learning through play. **Note:** term time only @Balham. During school holidays sessions continue @Fayland for under 5s

Move and Explore
A session to help you and your child learn by encouraging them to move. It builds their confidence and helps to develop their self-esteem and prepare for Nursery.

Information, Advice and Guidance.
Children centre staff will do their best to answer any questions that you have. If they can't help you they will arrange to put you in contact with someone that can.

Messy Play
These sessions offer opportunities to encourage your child to get in touch with their senses. They will be able to explore and learn new skills through sensory activities
Come dressed for mess!!

Well Baby Clinic - Come along and meet the health visitor.
Have your baby weighed and discuss general health issues, e.g. child development, weaning, parent and child well-being
Please bring your red book with you

Looking After Me.
Strategies for parents to support their wellbeing.
A parents group for families with children that have additional needs.
Crèche support

Free to Move
A session to help you and your child learn by encouraging them to move. It builds their confidence and helps them to develop a strong sense of their body. **Please wear comfortable clothing.**

Behaviour Advice
Meet with Dr Simon Ungar for support and advice on child development.
Simon can answer questions on managing behaviour, sibling rivalry, starting nursery- and many more.

The Tremendous Twos
This focused session will encourage and support your child to feel confident to investigate age appropriate activities. It will help prepare them and you for the transition to nursery.
Last session 27th September.

Two Year Old Nursery.
These sessions are for families that are eligible for the 15hour free education place.
Two mornings a week to support their child to become familiar with nursery. These children will start 15 hours full time nursery in January.

Working in Partnership with the Home Start Hub
Sessions and activities to help develop self esteem; confidence and well being