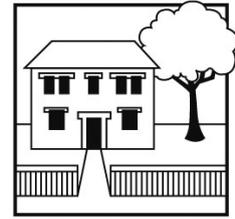


# Balham Nursery School and Children's Centre

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Dear Parents and Carers

7 May 2020

All the staff at Balham Nursery hope that you are keeping safe and well. We miss seeing you and most of all we miss the wonderful children who usually attend Balham Nursery School.

Staff have put together some ideas for sharing fun activities with your children at home. Playing with and alongside your child really helps children develop, so enjoy the time you have. We know that it's not always easy as some of you are also trying to work from home. Let your child help you do things around the house, it may take a little longer but they will really enjoy "helping you" and they learn a lot of skills at the same time. Sing songs as you do things together, take every opportunity to count out loud and move around as much as you can.

Making a **Sock Puppet** is an activity for all ages.

Sock puppets. <https://www.bbc.co.uk/tiny-happy-people/playing-with-sock-puppets/zkkqjihv>



You could make a sock family, act out stories, sing songs together, take a walk around your home and tell your sock puppet what you can see.



**Cosmic Kids Yoga is on You Tube.** There are lots of interactive Yoga stories which you and your child can get involved with. It seems to be completely free. There is a subscribe button but I think that is just to agree to you going onto the site. There are adverts sometimes but there is a skip button. Once you are into a yoga story it is colourful and very active. The stories will engage children and adults with a variety of interests. Don't forget that children learn a lot from repetition so it's fine to do the same story over and over again.

**West Hill Children's Centre** has put together some resources which may be particularly useful for two and three year olds and those with additional needs. This includes a link to recorded favourite stories under the Activities Banner and some songs and bucket time.

<https://enhancedcc.org>

Singing Hands <https://www.youtube.com/user/SingingHandsUK> has a variety of songs and stories also for younger children. These are all supported by Maketon signing.

This week I have attached **Seamus's Scavenge Hunt**. Seamus is missing his visits to Balham Nursery and all the hugs and strokes he receives from the children. Help him explore and find things to wonder at.

Staff also thought you might like to look at the ideas from Pete Moorhouse, "**Creativity at Home with Young Children**". I have also attached that for you. This includes, Shake things up, Activities with Paper and Mark Making.

Did you know that Balham Nursery has a **Twitter Account**? Do have a look at it. You can show your child a short video called, "**Jamie's Diary**". There will be other short clips added which will help your child keep in touch with things at the nursery.

**@BNSCC twitter** for sweet snippets

These can be worrying times for all of us. There is a wealth of information on the **NSPCC site**.

<https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-support-children-families-parents/>

This includes: Talking to Children worried about Coronavirus, Supporting children with SEND, On-Line Safety and Working from Home,

Your child's Key Person will be keeping in touch with you by phone. Do let us know how things are going with you and assure your child that things will get back to normal eventually. The nursery is still here and we look forward to seeing you all again as soon as it is possible.

Best Wishes

From All the Balham Nursery Staff

